

## Triple Crown Winners and Race Winners

### Triple Crown Winners

(1984-Rodes 10k, Run for the Arts, Derby Mini)

<u>Year</u>	<u>Male Winner</u>	<u>Female Winner</u>	<u>Wheelchair Winner</u>
1984		Louisa Hamm	
1985			
1986	John Wellerding		
1987			
1988			
1989			
1990			
1991	Stan Clark		
1992			
1993		Camille Estes	
1994			
1995			
1996		Mary Anne Lyons	
1997		Mary Anne Lyons	
1998		Mary Anne Lyons	
1999		Jim Estes	
2000			
2001		Christina Wells	Chad Johnson
2002	James Mutuse	Christina Wells	Chad Johnson
2003			

(2004-Anthem 5k, Rodes 10k, Papa Johns 10-Miler)

2004		Susie Bush	
2005			
2006			
2007		Jamie King-O'Shea	
2008		Erin Nehaus	
2009		Camille Herron	
2010			Chad Johnson
2011			

### Anthem 5k Winners

#### **1<sup>st</sup> Race – 2004**

\*New Course  
+ Short Course

2004	Nic Crider	14.38	Susie Bush	17.21
2005	Thomas Morgan	14.45	Trish Nervo	16.33
2006	Wes Alkin	14.51	Susie Bush	16.53
2007	Chris Swisher	14.24	Jamie King-O'Shea	16.57
2008	Chris Swisher	14.19	Erin Nehaus	16.48
*2009	<b><u>Jacob Korir</u></b>	<b><u>14.12</u></b>	Camille Herron	17.20
2010	Wes Korir	14.35	<b><u>Mason Cathey</u></b>	<b><u>16.57</u></b>
2011	Rob Mullett	14.04+	Ludmilla Stepanova	15.48+

### Papa Johns 10-Miler Winners

#### **1<sup>st</sup> Race – 2001**

\*\*Course Recertified & Remeasured

2001	???		???	
2002	???		???	
2003	Chris Graf	47.09	Christina Wells	57.25
2004	Dan Browne	46.32	Susie Bush	59.20
**2005	<b><u>Abdi Abdirahman</u></b>	<b><u>47.27</u></b>	Bonita Paul	57.59
2006	Abdi Abdirahman	48.23	Bonita Paul	1.01.18
2007	Kyle Baker	50.55	Jamie King-O'Shea	59.36
2008	Aziz Atmani	49.55	Erin Nehaus	59.44
2009	Ryan Sheehan	48.37	Camille Herron	58.54
2010	Jacob Korir	50.36	Liliya Yadzhak	57.35
2011	Andrew Baker	49.25	<b><u>Ann Alyanak</u></b>	<b><u>57.27</u></b>

## Rodes 10k Winners

### **1<sup>st</sup> Race – 1981**

\*New Course

1981	Dave Murphy	29.11	Christine Rose	38.54
1982	Duane Gaston	29.14	Christine Rose	35.22
1983	Martin Brewer	29.46	Christine Rose	35.14
1984	Martin Brewer	28.59	Louisa Hamm	36.38
1985	Dave Long	29.37	Lori Veal	35.30
1986	John Wellerding	30.00	Ruth Ozmun	34.58
1987	John Wellerding	30.30	Diane Brewer	34.30
1988	John Wellerding	30.30	Diane Brewer	33.45
1989	Richard Ede	29.53	Camille Estes	35.59
1990	Swag Hartel	31.17	Judy Bogenschutz	34.06
1991	Stan Clark	31.14	Pam Runquist	36.58
1992	Simon Corcoran	31.35	Valeri Vaughn	35.03
1993	John Wellerding	32.38	Camille Estes	36.39
1994	Stan Clark	31.58	Valeri McGovern	35.31
1995	Rob Shoaf	30.16	Karlene Hearld	36.35
1996	Tim Mylin	30.49	Mary Anne Lyons	35.54
1997	Jimmy Hearld	30.48	Mary Anne Lyons	36.03
1998	Jimmy Hearld	30.21	Mary Anne Lyons	36.53
1999	Jim Estes	31.06	Bettina Bard	35.31
2000	Keil Kaiser	31.27	Mary Anne Tonini	35.59
2001	Jimmy Hearld	31.18	Christina Wells	35.29
2002	James Mutuse	30.48	Christina Wells	34.51
2003	James Mutuse	29.54	Christina Wells	34.54
2004	Nic Crider	30.11	Susie Bush	36.17
2005	James Mutuse	30.27	Bonita Paul	35.10
2006	James Mutuse	31.10	Susie Bush	34.54
*2007	Chris Swisher	30.32	Jamie King-O'Shea	35.26
2008	<b><u>Wes Korir</u></b>	<b><u>29.29</u></b>	Erin Nehaus	35.26
2009	Jacob Korir	30.46	Camille Heron	35.04
2010	Jacob Korir	30.49	Liliya Yadshak	35.06
2011	Reuben Mwei	29.32	<b><u>Risper Gesabwa</u></b>	<b><u>33.47</u></b>