

Age Group Results - Heart & Sole 5k

	Name	Age	Place	Time	Pace
<i>Men's Overall</i>					
	Thomas Noel	21	1	16:08.77	5:11:08
	Chris Belcher	22	2	16:50:49	5:25:03
<i>Women's Overall</i>					
	Helen Hagg	18	5	19:17.73	6:12:06
	Julie Tabor	29	16	25:20.15	8:09:03
	Kristen Currey	25	17	25:36.03	8:14:04
<i>Men's Master</i>					
	Ken Wuetcher	45	3	18:18:26	5:53:05
<i>Women's Master</i>					
	Ellen Proctor	40	45	35:56.61	11:34:02
<i>Men's Grandmaster</i>					
	Raymond Allen	56	13	24:34.01	7:54:04
<i>Women's Grandmaster</i>					
	Beth Goodwin	50	19	26:11.35	8:25:08
<i>Women's - 20 to 24</i>					
	Colette Bridgewater	24	33	31:49.93	10:14:08
	Ashley McIntosh	24	68	50:22.92	16:12:10
<i>Women's - 25 to 29</i>					
	Katie Gosser	26	20	26:19.81	8:28:05
	Ashley White	28	42	34:14.55	11:01:03
	Holly Cox	27	49	37:30.41	12:04:03
	Amanda Ward	28	51	38:12.33	12:17:08
	Zella Chambliss	29	57	43:15.31	13:55:04
	Christin Combs	28	59	45:01.40	14:29:05
	Melissa Baker	27	63	46:36.56	15:00:01
	Wendy Holt	25	66	49:00.80	15:46:06
<i>Women's - 30 to 34</i>					
	Erin Hester	32	32	31:48.11	10:14:02
	Shannon Stewart	30	39	33:52.47	10:54:02
	Dana Carte	31	41	34:09.52	10:59:07
	Charla Logsdon	30	43	34:26.61	11:05:02
	Amber Harrod	31	48	37:26.58	12:03:01
	Lauren Maxey	31	50	38:11.26	12:17:05
	Marcy Maxey	32	54	39:35.27	12:44:05
<i>Women's - 35 to 39</i>					
	Heather Allen	35	29	30:24.68	9:47:03
	Melissa Shelton	35	67	49:04.24	15:47:07
	Shannon Daley	36	69	51:23.07	16:32:03
<i>Women's - 40 to 44</i>					
	Charissa Sampson	41	47	36:32.25	11:45:06
	Tina Bierod	44	58	44:28.06	14:18:08
<i>Women's - 45 to 49</i>					
	Teresa Ford	48	62	45:23.35	14:36:06
	Bernadette Metts	49	64	47:26.66	15:16:03
<i>Women's - 50 to 54</i>					

	Kathy Mudd	50	25	29:22.86	9:27:04
	Patti Wooldridge	50	26	29:43.17	9:33:10
	Sarah Noel	51	36	32:45.12	10:32:05
	Mary Borders	53	44	34:27.72	11:05:05
	Melanie O'Grady	54	53	38:41.12	12:27:01
	Sally Haner	54	55	41:53.83	13:29:01
	Kate Ford	51	60	45:02.13	14:29:07
<i>Women's - 55 to 59</i>					
	Judy Harris	56	56	42:40.67	13:44:02
	Helen Harrah	57	62	45:23.35	14:36:06
	Evie Edinger	58	65	48:05.29	15:28:07
	Diana Spies	55	70	51:26.06	16:33:03
<i>Women's - 60 to 64</i>					
	Sue Hill	60	31	31:19.46	10:04:09
	Carolyn Wigginton	61	71	51:51.73	16:41:06
	Alice Phillips	63	72	51:52.23	16:41:07
<i>Women's - 70 and over</i>					
	Carol Westerman	72	52	38:27.38	12:22:07
<i>Men's - 15 to 19</i>					
	Josh Vogel	16	6	19:20.55	6:13:05
	Mathew Johnson	18	9	23:03.31	7:25:02
	Steven Haner	16	34	32:22.84	10:25:03
<i>Men's - 20 to 24</i>					
	Allen Metts	22	38	33:41.25	10:50:06
<i>Men's - 25 to 29</i>					
	Mathew Fillipps	27	4	18:52.72	6:04:06
	Kevin Mann	27	7	20:10.11	6:29:05
<i>Men's - 30 to 34</i>					
	David Conravey	30	11	23:43.08	7:38:01
<i>Men's - 35 to 39</i>					
	Chad Ritter	35	12	24:03.94	7:44:08
	Andrew Ferriell	36	23	27:27.39	8:50:02
	Brent Zirnheld	38	24	27:59.10	9:00:05
	Joseph Bullen II	38	37	32:49.42	10:33:09
<i>Men's - 40 to 44</i>					
	Philip Lotspeich	42	8	20:47.61	6:41:06
	David Richardson	43	10	23:25.21	7:32:03
	Douglas Stovall	44	22	26:44.61	8:36:05
	Steve Stovall	42	30	30:54.06	9:56:08
	Jeffrey Proctor	40	40	34:05.76	10:58:05
<i>Men's - 45 to 49</i>					
	Randall` Strause	46	14	25:05.93	8:04:07
	Joe Kuczvara	47	18	25:55.95	8:20:08
	Keith Jones	49	21	26:22.58	8:29:04
	Steve Haner	45	35	32:32.42	10:28:04
<i>Men's - 50 to 54</i>					
	Nicholas Wilkerson	54	46	36:23.84	11:42:09
<i>Men's - 55 to 59</i>					
	David Mann	58	15	25:18.62	8:08:08
	Tony Ford	55	61	45:14.24	14:33:06

Men's - 60 to 64

Don Hill	61	28	30:17.32	9:44:09
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Men's - 65 to 69

Howard Whitman	67	27	30:13.19	9:43:06
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