

Place							-----Total-----		
Overall	Name	Team	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Eric Heely		654	41	M	1 Open	17:09.8	17:09.8	5:32/M
2	Quinn Dauer		51	40	M	2 Open	17:37.6	17:37.6	5:41/M
3	Seth Snider-Hayes	The Devil Wears	1148	28	M	3 Open	17:41.1	17:41.1	5:42/M
4	Adam Dockstader		673	16	M	1 15-19	18:58.0	18:58.0	6:07/M
5	Trevor Timmerberg	The Devil Wears	686	33	M	1 30-34	18:59.7	19:01.4	6:08/M
6	Joey Black		16	23	M	1 20-24	19:26.7	19:28.2	6:17/M
7	Eric Layman		142	39	M	1 35-39	19:56.9	19:57.6	6:26/M
8	Simon Corcoran		38	58	M	1 Master	20:05.8	20:05.8	6:29/M
9	Julio Driggs	The Devil Wears	62	40	M	1 40-44	20:16.1	20:22.7	6:34/M
10	Tracy Green		650	38	F	1 Open	20:16.8	20:16.8	6:33/M
11	Maxwell Murray		181	29	M	1 25-29	20:20.9	20:22.0	6:34/M
12	Noah Vasilakes		1167	33	M	2 30-34	20:21.3	20:24.1	6:35/M
13	John Craig		691	17	M	2 15-19	20:26.2	20:26.7	6:36/M
14	Dominic Sellers		1138	16	M	3 15-19	20:26.8	20:33.0	6:38/M
15	Lee Tichenor		1159	29	M	2 25-29	20:30.2	20:31.6	6:37/M
16	John O'Shea		196	49	M	1 45-49	20:30.8	20:33.3	6:38/M
17	Mitchell Greenfield		93	40	M	2 40-44	20:36.1	20:38.1	6:39/M
18	Marc Hindorff		1305	48	M	2 45-49	20:45.4	20:47.8	6:43/M
19	Stephanie Severance	The Devil Wears	1139	24	F	2 Open	20:59.4	20:59.4	6:46/M
20	Alayna Roach		699	14	M	1 10-14	21:10.5	21:11.1	6:50/M
21	Avery Powell		663	15	M	4 15-19	21:17.8	21:18.6	6:52/M
22	Tim Adams		639	58	M	1 55-59	21:32.8	21:37.2	6:58/M
23	Bryan Huhnerkoch		116	63	M	1 Grandma	21:34.8	21:34.8	6:58/M
24	Jonah Roach		700	12	M	2 10-14	21:36.5	21:37.6	6:59/M
25	James Johnson		124	15	M	5 15-19	21:44.3	22:00.1	7:06/M
26	Scott Radcliff		485	32	M	3 30-34	21:50.6	21:59.7	7:06/M
27	Austin Buchanan		645	33	M	4 30-34	21:55.6	22:02.6	7:07/M
28	Nix Searcy	Shake It Like a Polar	107	33	F	3 Open	22:05.0	22:05.0	7:07/M
29	George Eklund	Power Shift 2009	70	36	M	2 35-39	22:19.2	22:29.1	7:15/M
30	Jeremy Paden		199	44	M	3 40-44	22:21.4	22:27.4	7:15/M
31	Andrew Williams	Ben's Eager Runners	1183	41	M	4 40-44	22:23.7	22:26.7	7:14/M
32	Reed Fendley		76	47	M	3 45-49	22:27.5	22:30.3	7:16/M
33	Eric Martin	Shake It Like a Polar	160	51	M	1 50-54	22:29.6	22:32.6	7:16/M
34	Mike Blackwell	The Get Along Gang	17	56	M	2 55-59	22:37.1	22:40.7	7:19/M
35	Nicholas Asher	Power Shift 2009	733	34	M	5 30-34	22:45.0	22:55.3	7:24/M
36	Larry Hoover		115	63	M	1 60-64	23:01.8	23:06.7	7:27/M
37	Christopher Nielsen		183	55	M	3 55-59	23:05.6	23:10.4	7:29/M
38	Keith Allen		706	63	M	2 60-64	23:07.6	23:22.8	7:33/M
39	Brian Nichols		696	52	M	2 50-54	23:10.0	23:10.9	7:29/M
40	Reece O'Shea		197	15	M	6 15-19	23:10.9	23:17.2	7:31/M
41	Thomas Johnson		126	38	M	3 35-39	23:14.6	23:31.3	7:35/M
42	Alex Creamer		40	25	M	3 25-29	23:16.0	23:20.4	7:32/M
43	Taylor Wooten		1187	22	F	1 20-24	23:20.1	23:24.6	7:33/M
44	Mike Campbell	Ben's Eager Runners	30	50	M	3 50-54	23:26.4	23:30.0	7:35/M
45	Nicholas Hemming		110	31	M	6 30-34	23:26.6	23:36.0	7:37/M
46	Devin Rairdon	Shake It Like a Polar	486	37	M	4 35-39	23:36.2	23:39.5	7:38/M
47	Marvin Huber		655	36	M	5 35-39	23:41.8	23:51.7	7:42/M
48	Katie Roach		681	40	F	1 Master	23:54.5	23:54.5	7:43/M
49	Lucas Jones		657	31	M	7 30-34	24:01.2	24:43.1	7:58/M
50	Kenny Bird		3	43	M	5 40-44	24:01.3	24:04.7	7:46/M
51	Michael Brown		24	50	M	4 50-54	24:04.2	24:10.3	7:48/M
52	Stephanie Barnes		1466	49	F	1 45-49	24:12.6	24:16.7	7:50/M
53	Wayne Blunk		19	45	M	4 45-49	24:12.9	24:17.9	7:50/M
54	Thomas Tatum		1156	44	M	6 40-44	24:18.8	24:34.7	7:56/M
55	William Roberts		500	35	M	6 35-39	24:21.7	24:26.9	7:53/M
56	Sara Cuning		672	46	F	2 45-49	24:33.3	25:25.9	8:12/M
57	Dennis Branson		22	62	M	3 60-64	24:34.6	24:38.2	7:57/M
58	James Paden		198	14	M	3 10-14	24:37.1	24:44.6	7:59/M
59	Jill Best		11	45	F	3 45-49	24:44.7	24:46.5	8:00/M
60	Norman Flout		712	58	M	4 55-59	24:58.0	25:03.4	8:05/M
61	Jason Powell		1396	52	M	5 50-54	25:01.6	25:03.0	8:05/M
62	Jessica Miller		175	38	F	1 35-39	25:11.1	25:15.1	8:09/M
63	Levi Paden		200	16	M	7 15-19	25:13.1	25:21.2	8:11/M
64	Chris Livers		149	50	M	6 50-54	25:19.9	25:29.0	8:13/M
65	Kaitlin Buchanan		646	32	F	1 30-34	25:23.0	25:30.9	8:14/M
66	Sean Travelstead		1162	54	M	7 50-54	25:30.5	25:38.8	8:16/M
67	Mark Smith		1146	54	M	8 50-54	25:31.4	26:05.3	8:25/M

Race Date
January 14, 2023

Frostbite 5k 2023

Overall Finish List

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Place	Overall	Name	Team	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
68		Rodney Brewer		692	43	M	7 40-44	25:35.1	25:38.8	8:16/M
69		Matthew Ruben		1121	52	M	9 50-54	25:42.6	25:48.4	8:19/M
70		Danielle Timmerberg	The Devil Wears	1160	31	F	2 30-34	25:50.8	25:53.4	8:21/M
71		Allison Cuyjet		47	43	F	1 40-44	25:52.3	26:01.6	8:24/M
72		Kelley Frederick		450	50	F	1 Grandma	25:57.9	25:57.9	8:23/M
73		Marisa Crenshaw		41	43	F	2 40-44	25:58.4	26:09.8	8:26/M
74		Glenn Richardson		493	46	M	5 45-49	26:03.1	26:37.5	8:35/M
75		David Keely	Galloping Geezers	128	56	M	5 55-59	26:08.6	26:15.1	8:28/M
76		David Treves		1163	56	M	6 55-59	26:11.0	26:19.4	8:30/M
77		Mike Rice		492	44	M	8 40-44	26:12.0	26:24.1	8:31/M
78		Matt Oakley		191	39	M	7 35-39	26:18.6	26:31.8	8:34/M
79		Austyn Gaffney	Power Shift 2009	79	32	F	3 30-34	26:26.6	26:37.4	8:35/M
80		Kiva Auten		740	33	F	4 30-34	26:26.7	26:37.5	8:35/M
81		Evelyn Roach		680	9	F	1 1-9	26:29.3	26:30.7	8:33/M
82		Randy Garrett		81	68	M	1 65-69	26:32.7	26:36.7	8:35/M
83		Ryan Leonard		146	34	M	8 30-34	26:34.1	26:41.4	8:37/M
84		Deborah Flout		713	54	F	1 50-54	26:38.1	26:44.0	8:37/M
85		Luis R. Ramirez		488	58	M	7 55-59	26:42.4	26:52.1	8:40/M
86		Corey Queen		484	50	M	10 50-54	26:43.7	27:00.8	8:43/M
87		Harrison Oakley		190	11	M	4 10-14	26:52.0	27:05.2	8:44/M
88		Seth Hannan		104	32	M	9 30-34	26:58.4	27:05.4	8:44/M
89		Caleb Kiefer		708	12	M	5 10-14	27:00.7	27:12.6	8:47/M
90		Emma Love		151	10	F	1 10-14	27:05.8	27:24.4	8:50/M
91		Dan Sturdevant		683	37	M	8 35-39	27:06.7	27:19.2	8:49/M
92		Therese Sirles		1439	63	F	1 60-64	27:10.5	27:16.2	8:48/M
93		Adeline Oakley		189	14	F	2 10-14	27:12.4	27:24.8	8:51/M
94		Arthur Cajigal		28	53	M	11 50-54	27:14.3	27:20.0	8:49/M
95		Imad Makdah		156	61	M	4 60-64	27:17.6	27:24.3	8:50/M
96		Madison Smith		1145	16	F	1 15-19	27:17.9	27:20.5	8:49/M
97		Christina Simms		1140	40	F	3 40-44	27:18.0	27:30.8	8:53/M
98		Stacie Grossfeld		674	59	F	1 55-59	27:19.6	27:25.6	8:51/M
99		Maureen Farley		75	61	F	2 60-64	27:25.7	27:33.7	8:53/M
100		Zach Wasson		669	32	M	10 30-34	27:29.2	28:10.9	9:05/M
101		Valerie Pryor		481	47	F	4 45-49	27:48.0	27:59.2	9:02/M
102		Tim Seaman		1135	63	M	5 60-64	27:49.2	28:11.2	9:06/M
103		Michael Lindley		148	52	M	12 50-54	27:51.4	28:01.9	9:03/M
104		Jared Holbrook		114	34	M	11 30-34	27:54.1	28:24.1	9:10/M
105		John Reesor	Galloping Geezers	491	72	M	1 70-74	27:55.4	28:03.2	9:03/M
106		Felix Gravatte		88	8	M	1 1-9	28:00.8	28:06.2	9:04/M
107		Steven Gravatte		89	40	M	9 40-44	28:01.0	28:06.7	9:04/M
108		Myles Clark		694	24	M	2 20-24	28:03.7	28:12.6	9:06/M
109		David Dawson		57	64	M	6 60-64	28:18.0	28:34.8	9:13/M
110		Andrew Potts		479	26	M	4 25-29	28:20.9	28:54.4	9:20/M
111		Caeden O'Shea		195	9	M	2 1-9	28:24.2	28:31.4	9:12/M
112		Sheena Blanton		18	38	F	2 35-39	28:29.9	28:41.3	9:15/M
113		Suzanne Dodson		61	58	F	2 55-59	28:33.4	28:48.2	9:17/M
114		Patti Wooldridge		1186	63	F	3 60-64	28:45.8	28:53.3	9:19/M
115		Caroline Fortin		78	58	F	3 55-59	28:56.1	29:13.6	9:26/M
116		Ken Drozt		63	52	M	13 50-54	29:01.2	29:36.0	9:33/M
117		Caitlin Roach		679	23	F	2 20-24	29:01.4	29:03.5	9:22/M
118		Gary Powell		1386	53	M	14 50-54	29:08.2	29:33.3	9:32/M
119		Gregg Delong		636	61	M	7 60-64	29:13.3	29:24.7	9:29/M
120		Jacob Skees		1141	38	M	9 35-39	29:14.7	29:23.5	9:29/M
121		Ted Farrell		697	58	M	8 55-59	29:16.3	29:31.2	9:31/M
122		Jessica Agruso		702	37	F	3 35-39	29:17.7	29:32.6	9:32/M
123		Felicia Fletcher		77	42	F	4 40-44	29:21.5	30:03.4	9:42/M
124		Brian Hampton	The Get Along Gang	103	44	M	10 40-44	29:22.6	29:30.6	9:31/M
125		Ryan E Fletcher		66	46	M	6 45-49	29:23.8	30:03.0	9:42/M
126		Colin Schmidt		701	7	M	3 1-9	29:28.7	29:56.8	9:40/M
127		Hannah Nielsen		184	27	F	1 25-29	29:32.7	29:45.2	9:36/M
128		Mark Daffron		49	45	M	7 45-49	29:35.9	31:40.4	10:13/M
129		Emily Nolan		186	56	F	4 55-59	29:36.7	29:52.7	9:38/M
130		Michael Todd Bernard		671	52	M	15 50-54	29:47.1	30:01.2	9:41/M
131		Laura Warren		1171	56	F	5 55-59	29:49.3	29:57.9	9:40/M
132		Owen Gentry		83	11	M	6 10-14	29:53.1	30:13.1	9:45/M
133		Bruce Paverd		1371	58	M	9 55-59	29:59.6	30:17.4	9:46/M
134		Molly Miller		176	54	F	2 50-54	29:59.7	30:20.4	9:47/M

Race Date
January 14, 2023

Frostbite 5k 2023

Overall Finish List

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Place							-----Total-----		
Overall	Name	Team	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
135	Jason Kratzwald		135	43	M	11 40-44	30:02.0	30:10.3	9:44/M
136	Bethany Chester		32	40	F	5 40-44	30:23.6	30:54.7	9:58/M
137	Ben King	Gallopings Geezers	130	70	M	2 70-74	30:38.3	30:44.1	9:55/M
138	Richard Goranflo	Gallopings Geezers	86	75	M	1 75-79	30:38.6	30:44.9	9:55/M
139	David Powell		665	57	M	10 55-59	30:50.4	31:01.3	10:00/M
140	Brynn Powell		664	13	F	3 10-14	30:50.7	31:01.0	10:00/M
141	Drezden Elliott		71	11	M	7 10-14	30:54.5	31:00.1	10:00/M
142	Jeffrey Elliott		72	39	M	10 35-39	30:55.2	31:00.4	10:00/M
143	Neil Baine		743	44	M	12 40-44	30:58.6	31:13.9	10:05/M
144	Allecia Hull		117	30	F	5 30-34	31:19.1	32:03.1	10:20/M
145	Kellii Kight	Ben's Eager Runners	129	34	F	6 30-34	31:23.9	31:37.0	10:12/M
146	Vickie Sliter		710	60	F	4 60-64	31:26.4	32:06.2	10:21/M
147	Tony Young		633	50	M	16 50-54	31:34.2	31:58.9	10:19/M
148	Jace Ganshirt		80	33	M	12 30-34	31:41.2	31:52.4	10:17/M
149	Joe Hedge		653	61	M	8 60-64	31:50.9	32:12.6	10:23/M
150	Jeffrey Smith		1143	52	M	17 50-54	31:52.2	32:10.1	10:23/M
151	Julie Wilbur		1180	49	F	5 45-49	31:56.5	32:08.2	10:22/M
152	Stephen Schmidt		703	39	M	11 35-39	31:59.2	32:26.6	10:28/M
153	Carrie Rice		707	38	F	4 35-39	32:18.7	32:34.9	10:31/M
154	Katherine Dupin		65	40	F	6 40-44	32:22.2	33:04.3	10:40/M
155	Dan Thompson		1157	56	M	11 55-59	32:25.7	32:48.3	10:35/M
156	Mark Voss		1168	66	M	2 65-69	32:41.2	33:05.4	10:40/M
157	Kat Adams		638	30	F	7 30-34	32:53.2	33:33.1	10:49/M
158	Pauline Moore		179	53	F	3 50-54	33:11.5	33:28.1	10:48/M
159	Gayle Wiegel		685	66	F	1 65-69	33:13.5	33:22.6	10:46/M
160	Paul Nolan	Stroller Nolans	188	40	M	13 40-44	33:14.5	33:46.1	10:54/M
161	John Dienno		60	52	M	18 50-54	33:18.0	33:52.1	10:56/M
162	Bethann Widener		1178	37	F	5 35-39	33:19.5	33:35.5	10:50/M
163	Samuel Strange		1153	73	M	3 70-74	33:26.8	33:49.0	10:55/M
164	Eleanor Lynch		154	7	F	2 1-9	33:33.8	33:43.4	10:53/M
165	Kristen Calo		29	39	F	6 35-39	33:36.8	33:47.5	10:54/M
166	Gabe Cripps		43	13	M	8 10-14	33:40.3	33:57.3	10:57/M
167	Ethan Lane		705	17	M	8 15-19	33:41.1	34:10.0	11:01/M
168	Ethan McDaniel		164	9	M	4 1-9	33:42.7	34:26.1	11:07/M
169	Morgan McDaniel		165	42	M	14 40-44	33:43.1	34:26.5	11:07/M
170	Chris Lane		704	50	M	19 50-54	33:46.2	34:15.8	11:03/M
171	Tom Zmudosky		634	34	M	13 30-34	33:46.5	33:57.3	10:57/M
172	Jacob Russell		1124	32	M	14 30-34	33:57.3	34:23.6	11:06/M
173	Jamie-Lee Pennesi		477	32	F	8 30-34	33:57.8	34:23.5	11:06/M
174	Suzie Newberry		182	61	F	5 60-64	34:01.0	34:40.7	11:11/M
175	Joe Smith, Jr	Triple Threatless	1147	48	M	8 45-49	34:05.7	34:38.0	11:10/M
176	Chad Lego	Triple Threatless	144	44	M	15 40-44	34:05.9	34:38.2	11:10/M
177	Amea Ramsey	Triple Threatless	489	47	F	6 45-49	34:06.7	34:37.9	11:10/M
178	Scott Davis		55	37	M	12 35-39	34:07.4	34:51.1	11:15/M
179	Colby Middleton		173	50	M	20 50-54	34:14.6	34:47.0	11:13/M
180	Mary Jones		709	67	F	2 65-69	34:28.6	34:35.1	11:09/M
181	Savannah Smith		695	18	F	2 15-19	34:30.9	35:09.2	11:20/M
182	Amelia Dauer		50	65	F	3 65-69	34:38.6	35:05.8	11:19/M
183	Dana Boblitt		20	53	F	4 50-54	34:46.7	35:00.5	11:18/M
184	Barbara Strahm Murray	Ben's Eager Runners	1152	52	F	5 50-54	34:48.0	35:12.6	11:22/M
185	Madison Pullman		483	32	F	9 30-34	34:55.2	34:57.5	11:17/M
186	Danny Hatter		1304	63	M	9 60-64	35:00.9	35:45.9	11:32/M
187	Laura Grubb		651	56	F	6 55-59	35:14.4	35:33.6	11:28/M
188	Zach Hutchinson		118	17	M	9 15-19	35:20.4	35:43.6	11:32/M
189	Carmen Cripps		42	51	F	6 50-54	35:38.4	35:54.0	11:35/M
190	Lauren Maxey		162	44	F	7 40-44	35:39.3	36:24.8	11:45/M
191	Tom Shepherd		666	66	M	3 65-69	35:43.9	36:07.7	11:39/M
192	Krista Johnson		125	45	F	7 45-49	36:09.4	36:38.5	11:49/M
193	Priya Mukundan		180	56	F	7 55-59	36:21.3	36:44.7	11:51/M
194	Cullen Dunn		64	26	M	5 25-29	36:32.1	36:52.5	11:54/M
195	Wendy Broughton		23	35	F	7 35-39	36:35.9	37:19.4	12:02/M
196	Cyle Miller		174	49	M	9 45-49	36:37.1	37:22.1	12:03/M
197	Samantha Davis		54	35	F	8 35-39	36:38.8	37:23.7	12:04/M
198	Rocklin Shumaker		667	30	M	15 30-34	36:40.1	37:06.8	11:58/M
199	Shea Wheeler		670	26	F	2 25-29	36:40.2	37:07.2	11:58/M
200	Jennifer Love		152	40	F	8 40-44	36:44.7	37:19.9	12:03/M
201	Kristy Gentry		82	45	F	8 45-49	36:46.0	37:06.0	11:58/M

Race Date
January 14, 2023

Frostbite 5k 2023
Overall Finish List

5K

Place		Team	Bib No	Age	Gend	AG Place	-----Total-----		Pace
Overall	Name						Chip Time	Gun Time	
202	Donald Westfall		1174	62	M	10 60-64	37:09.2	37:13.9	12:01/M
203	Douglas Hammack		102	51	M	21 50-54	37:10.5	37:14.5	12:01/M
204	Ericka O'Connell		192	43	F	9 40-44	37:10.7	39:11.3	12:39/M
205	Carol Jones		656	51	F	7 50-54	37:17.7	38:05.8	12:17/M
206	Henry Schmidt		1126	5	M	5 1-9	37:30.1	38:00.9	12:16/M
207	Kirstin Schmidt		1128	37	F	9 35-39	37:30.8	38:01.8	12:16/M
208	Shannon Eichenberger		68	50	F	8 50-54	37:51.6	38:16.9	12:21/M
209	Sandra Payne		475	59	F	8 55-59	37:52.3	38:16.1	12:21/M
210	Steve Sturdevant		1154	72	M	4 70-74	37:56.8	38:09.0	12:18/M
211	John Rakutt		487	58	M	12 55-59	38:13.0	38:36.6	12:27/M
212	Emily Brown		1170	29	F	3 25-29	38:25.8	38:33.4	12:26/M
213	Karen Winn		1185	67	F	4 65-69	38:27.2	38:50.7	12:32/M
214	Justin Martir		711	35	M	13 35-39	38:27.4	38:34.3	12:27/M
215	Courtney Coburn		37	29	F	4 25-29	38:28.3	39:05.5	12:37/M
216	Angela Jackson		119	51	F	9 50-54	38:33.2	38:58.0	12:34/M
217	Crystal Christy		34	43	F	10 40-44	38:33.8	39:03.4	12:36/M
218	Patricia Brutscher		25	58	F	9 55-59	38:36.5	39:23.1	12:42/M
219	Alyssa Ekdall		69	30	F	10 30-34	38:38.4	39:15.7	12:40/M
220	Jeanette Cummins		44	42	F	11 40-44	38:42.0	39:03.6	12:36/M
221	Gary Young		632	72	M	5 70-74	39:27.9	40:15.7	12:59/M
222	Ellen Young		631	36	F	10 35-39	39:28.2	40:15.9	12:59/M
223	Andrea Bagshaw		640	39	F	11 35-39	39:42.4	39:54.1	12:52/M
224	Donna Helm		109	54	F	10 50-54	39:42.8	40:05.1	12:56/M
225	Wendy Lott		150	51	F	11 50-54	39:53.6	40:27.0	13:03/M
226	Kristy Schmidt		1129	48	F	9 45-49	40:01.9	40:30.0	13:04/M
227	Ron Carel		689	66	M	4 65-69	40:09.9	40:30.5	13:04/M
228	Joni Wright		1188	64	F	6 60-64	40:10.4	40:29.0	13:04/M
229	Laura Schenck		1125	54	F	12 50-54	40:11.8	40:30.7	13:04/M
230	Melanie Thompson		1158	44	F	12 40-44	40:28.7	40:51.2	13:11/M
231	Marcus Maraldo		158	34	M	16 30-34	40:35.7	43:05.1	13:54/M
232	Laura Maraldo		157	46	F	10 45-49	40:36.2	43:06.6	13:54/M
233	Joshua Miller		661	36	M	14 35-39	40:44.0	41:19.8	13:20/M
234	Susan Schneider		1131	67	F	5 65-69	41:07.3	41:19.6	13:20/M
235	Lonnie McIntosh		166	52	M	22 50-54	41:31.1	42:17.3	13:38/M
236	James Millstead		177	54	M	23 50-54	41:58.9	42:25.1	13:41/M
237	Angie Hatter		1291	60	F	7 60-64	42:05.7	42:50.6	13:49/M
238	Phillip Bagshaw		641	57	M	13 55-59	42:08.7	42:20.9	13:40/M
239	Eva Cadavid		27	54	F	13 50-54	42:33.7	43:08.4	13:55/M
240	Kim Watts		1172	44	F	13 40-44	42:46.7	43:01.5	13:53/M
241	John Laun		141	72	M	6 70-74	42:54.6	43:19.6	13:59/M
242	Mackenzie Portwood		478	26	F	5 25-29	43:48.7	44:27.6	14:21/M
243	Susane Schneider		1132	66	F	6 65-69	44:00.1	44:12.2	14:16/M
244	Alice Johnson		120	38	F	12 35-39	44:02.3	44:27.8	14:21/M
245	Kathleen Schmidt		1127	64	F	8 60-64	44:02.7	44:51.6	14:28/M
246	Nicholas Cummins		46	43	M	16 40-44	44:15.6	44:35.2	14:23/M
247	Delta Johnson		123	8	F	3 1-9	44:27.5	44:27.5	14:20/M
248	Cristeen Grasch		87	49	F	11 45-49	44:28.7	45:08.0	14:34/M
249	Cortney Hartnett		106	35	F	13 35-39	44:41.7	45:25.8	14:39/M
250	Lorna Hahn		99	65	F	7 65-69	45:03.1	45:23.9	14:39/M
251	Emily Laninga		139	22	F	3 20-24	45:04.2	45:27.3	14:40/M
252	Namita Kantawala		127	30	F	11 30-34	45:12.6	45:50.2	14:47/M
253	Gabrielle Beacham		1491	18	F	3 15-19	45:41.1	46:03.6	14:51/M
254	Elisa Fajardo-Henry		74	17	F	4 15-19	45:41.3	46:03.9	14:52/M
255	Marie Ruf		1122	70	F	1 70-74	46:02.4	46:20.0	14:57/M
256	Amanda Daffron		48	38	F	14 35-39	46:08.6	46:46.6	15:05/M
257	Amy Graybeal		649	44	F	14 40-44	46:16.7	46:43.7	15:04/M
258	Norma Knabel		637	39	F	15 35-39	46:17.4	46:43.9	15:04/M
259	Taunja Bates		67	50	F	14 50-54	46:17.6	46:43.7	15:04/M
260	Anne Laun		140	69	F	8 65-69	46:25.8	46:51.4	15:07/M
261	Marcia Mayers		163	33	F	12 30-34	46:27.2	46:48.8	15:06/M
262	Kristen Hale		101	45	F	12 45-49	46:32.1	47:22.2	15:17/M
263	Ronald Whitehead		1177	49	M	10 45-49	46:52.3	47:07.1	15:12/M
264	Rajina Whitehead		1176	50	F	15 50-54	46:53.0	47:07.7	15:12/M
265	Autumn Laninga		138	51	F	16 50-54	46:54.6	48:10.9	15:33/M
266	Ashley Lankford		658	33	F	13 30-34	47:00.4	47:19.0	15:16/M
267	Carol Crase		39	61	F	9 60-64	47:01.5	47:20.0	15:16/M
268	Tori Lankford		659	5	F	4 1-9	47:01.9	47:20.0	15:16/M

Race Date
January 14, 2023

Frostbite 5k 2023

Overall Finish List

5K

Place	Overall	Name	Team	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
269		Lincoln Gillman	Miniforce X	85	5	M	6 1-9	47:05.0	47:37.1	15:22/M
270		Emily Beckman	Miniforce X	10	33	F	14 30-34	47:05.2	47:37.0	15:22/M
271		Melissa Chavez		635	55	F	10 55-59	47:07.1	47:14.9	15:15/M
272		Ellen Davison		56	32	F	15 30-34	47:08.5	47:28.8	15:19/M
273		Sandy Widener		1179	64	F	10 60-64	47:08.9	47:24.2	15:18/M
274		Sharon Tuttle		1164	67	F	9 65-69	47:17.3	47:36.6	15:22/M
275		Julio Hernandez		112	37	M	15 35-39	47:36.6	48:25.6	15:37/M
276		Brandy Middleton		172	48	F	13 45-49	47:45.2	48:17.2	15:35/M
277		Fred Bishop		12	68	M	5 65-69	47:55.5	48:21.0	15:36/M
278		Dana Traversi		714	62	F	11 60-64	48:27.6	50:13.4	16:12/M
279		Melissa Nolan	Stroller Nolans	187	37	F	16 35-39	48:49.3	49:25.4	15:57/M
280		Elizabeth Baker		1459	53	F	17 50-54	49:51.2	50:14.1	16:12/M
281		Tamara Tindall		688	49	F	14 45-49	50:13.9	50:13.9	16:12/M
282		Doug Lane		1342	52	M	24 50-54	50:23.5	51:01.1	16:27/M
283		Angie Lane		1313	52	F	18 50-54	50:23.7	51:01.1	16:27/M
284		Jean Puckett		482	73	F	2 70-74	50:36.2	51:51.5	16:44/M
285		Richard Schultz		1133	63	M	11 60-64	50:41.1	51:50.5	16:43/M
286		Karen Marie Lindley		147	50	F	19 50-54	50:45.0	50:56.2	16:26/M
287		Sandy Usher		1165	75	F	1 75-79	50:49.0	51:22.1	16:34/M
288		Rebecca Koch		133	44	F	15 40-44	50:50.4	51:36.1	16:39/M
289		Morgan Roberts		499	31	F	16 30-34	50:53.1	51:40.2	16:40/M
290		Amanda Williams		1182	32	F	17 30-34	50:56.2	51:46.2	16:42/M
291		Lee Westfall		1175	55	F	11 55-59	51:28.6	51:48.8	16:43/M
292		Cynthia Swartz		1155	59	F	12 55-59	51:28.7	51:47.5	16:42/M
293		Angie Johnson		121	44	F	16 40-44	51:36.4	52:16.3	16:52/M
294		Russell Hall		652	40	M	17 40-44	52:09.2	52:48.8	17:02/M
295		Avery Huang		675	18	F	5 15-19	53:14.3	53:57.6	17:24/M
296		Kelly Henry		111	53	F	20 50-54	53:16.7	53:57.8	17:24/M
297		Michelle Elisburg		449	52	F	21 50-54	54:14.0	54:33.4	17:36/M
298		Angel Graves		90	55	F	13 55-59	55:35.0	56:12.0	18:08/M
299		Michael Cuyjet		647	75	M	2 75-79	55:54.9	56:44.7	18:18/M
300		Kayley Morgan		677	17	F	6 15-19	56:22.3	57:27.9	18:32/M
301		Todd Morgan		678	55	M	14 55-59	56:25.1	57:29.6	18:33/M
302		Rebekah Scott		1134	34	F	18 30-34	56:27.4	56:47.6	18:19/M
303		Sarah Mustage		690	29	F	6 25-29	56:27.5	56:47.8	18:19/M
304		Deede O'Farrell		194	53	F	22 50-54	56:30.1	56:59.6	18:23/M
305		Roxy Scudder		682	35	F	17 35-39	56:30.3	57:28.1	18:32/M
306		Patty Sears		1136	55	F	14 55-59	56:31.3	56:59.6	18:23/M
307		Anita Bilyeu		2	53	F	23 50-54	57:50.4	58:34.6	18:54/M
308		Anna Loyd		153	53	F	24 50-54	57:50.8	58:35.5	18:54/M
309		Brendan Koch		132	19	M	10 15-19	57:59.0	58:45.5	18:57/M
310		Vincent Koch		134	47	M	11 45-49	57:59.7	58:45.5	18:57/M
311		Justin Masters		161	42	M	18 40-44	58:56.0	59:16.3	19:07/M
312		Ledonna Mitchell		178	70	F	3 70-74	59:36.4	59:50.1	19:18/M
313		Jill Leonard		145	61	F	12 60-64	59:36.6	59:50.3	19:18/M
314		Christina Dempsey		58	43	F	17 40-44	59:44.9	1:00:35.0	19:33/M
315		Karen Spinks		1149	64	F	13 60-64	1:00:30.3	1:01:01.2	19:41/M
316		Andrea Burdick	Running Away	26	42	F	18 40-44	1:01:15.7	1:01:58.6	20:00/M
317		Chris Gillespie	Running Away	84	46	M	12 45-49	1:01:16.3	1:01:58.7	20:00/M
318		Jayne Seif		698	44	F	19 40-44	1:02:02.3	1:02:32.8	20:11/M
319		Kate Hill		113	40	F	20 40-44	1:02:03.3	1:02:32.5	20:11/M
320		Abriella Jantzen		676	33	F	19 30-34	1:03:27.8	1:03:46.0	20:34/M
321		Samantha Kilfoile		693	35	F	18 35-39	1:03:28.4	1:03:46.3	20:34/M
322		Amanda Schneider		1130	34	F	20 30-34	1:04:10.5	1:05:01.8	20:59/M
323		Lindsay Lea		143	30	F	21 30-34	1:05:02.0	1:05:02.0	20:59/M
324		Linda Dufour		648	68	F	10 65-69	1:06:17.6	1:07:18.1	21:43/M
325		Bunny Nash		662	68	F	11 65-69	1:06:25.1	1:07:16.9	21:42/M
326		Kristin Ball		644	56	F	15 55-59	1:06:26.2	1:07:16.1	21:42/M
327		Ellis McKinley		168	8	F	5 1-9	1:06:47.0	1:07:44.4	21:51/M
328		Amy McKinley		167	57	F	16 55-59	1:06:51.2	1:07:51.7	21:53/M
DQ		Alayna Altman		684	27	F	DQ 25-29	17:36.4	17:36.4	5:41/M
DQ		Billy Kobin		131	27	M	DQ 25-29	19:17.3	21:20.0	6:53/M