

Race Date
January 14, 2023

Frostbite 5k 2023

Age Group Results

5K

Female Open Winners

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Tracy Green		650	38	10	20:16.8	20:16.8	6:33/M
2	Stephanie Severance	The Devil Wears Strava	1139	24	20	20:59.4	20:59.4	6:46/M
3	Nix Searcy	Shake It Like a Polar	107	33	29	22:05.0	22:05.0	7:07/M

Male Open Winners

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Eric Heely		654	41	1	17:09.8	17:09.8	5:32/M
2	Quinn Dauer		51	40	2	17:37.6	17:37.6	5:41/M
3	Seth Snider-Hayes	The Devil Wears Strava	1148	28	3	17:41.1	17:41.1	5:42/M

Female Master Winners

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Katie Roach		681	40	49	23:54.5	23:54.5	7:43/M

Male Master Winners

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Julio Driggs	The Devil Wears Strava	62	40	13	20:22.7	20:22.7	6:34/M

Female Grandmaster Winners

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kelley Frederick		450	50	73	25:57.9	25:57.9	8:23/M

Male Grandmaster Winners

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Simon Corcoran		38	58	9	20:05.8	20:05.8	6:29/M

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Female 9 and Under

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Evelyn Roach		680	9	82	26:29.3	26:30.7	8:33/M
2	Eleanor Lynch		154	7	165	33:33.8	33:43.4	10:53/M
3	Delta Johnson		123	8	248	44:27.5	44:27.5	14:20/M
4	Tori Lankford		659	5	269	47:01.9	47:20.0	15:16/M
5	Ellis McKinley		168	8	328	1:06:47.0	1:07:44.4	21:51/M

Male 9 and Under

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Felix Gravatte		88	8	107	28:00.8	28:06.2	9:04/M
2	Caeden O'Shea		195	9	112	28:24.2	28:31.4	9:12/M
3	Colin Schmidt		701	7	127	29:28.7	29:56.8	9:40/M
4	Ethan McDaniel		164	9	169	33:42.7	34:26.1	11:07/M
5	Henry Schmidt		1126	5	207	37:30.1	38:00.9	12:16/M
6	Lincoln Gillman	Miniforce X	85	5	270	47:05.0	47:37.1	15:22/M

Female 10 to 14

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Emma Love		151	10	91	27:05.8	27:24.4	8:50/M
2	Adeline Oakley		189	14	94	27:12.4	27:24.8	8:51/M
3	Brynn Powell		664	13	141	30:50.7	31:01.0	10:00/M

Male 10 to 14

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Alayna Roach		699	14	21	21:10.5	21:11.1	6:50/M
2	Jonah Roach		700	12	25	21:36.5	21:37.6	6:59/M
3	James Paden		198	14	59	24:37.1	24:44.6	7:59/M
4	Harrison Oakley		190	11	88	26:52.0	27:05.2	8:44/M
5	Caleb Kiefer		708	12	90	27:00.7	27:12.6	8:47/M
6	Owen Gentry		83	11	133	29:53.1	30:13.1	9:45/M
7	Drezden Elliott		71	11	142	30:54.5	31:00.1	10:00/M
8	Gabe Cripps		43	13	167	33:40.3	33:57.3	10:57/M

Female 15 to 19

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Madison Smith		1145	16	97	27:17.9	27:20.5	8:49/M
2	Savannah Smith		695	18	182	34:30.9	35:09.2	11:20/M
3	Gabrielle Beacham		1491	18	254	45:41.1	46:03.6	14:51/M
4	Elisa Fajardo-Henry		74	17	255	45:41.3	46:03.9	14:52/M
5	Avery Huang		675	18	296	53:14.3	53:57.6	17:24/M
6	Kayley Morgan		677	17	301	56:22.3	57:27.9	18:32/M

Male 15 to 19

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Adam Dockstader		673	16	4	18:58.0	18:58.0	6:07/M
2	John Craig		691	17	14	20:26.2	20:26.7	6:36/M
3	Dominic Sellers		1138	16	15	20:26.8	20:33.0	6:38/M
4	Avery Powell		663	15	22	21:17.8	21:18.6	6:52/M
5	James Johnson		124	15	26	21:44.3	22:00.1	7:06/M
6	Reece O'Shea		197	15	41	23:10.9	23:17.2	7:31/M
7	Levi Paden		200	16	64	25:13.1	25:21.2	8:11/M
8	Ethan Lane		705	17	168	33:41.1	34:10.0	11:01/M

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Male 15 to 19

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
9	Zach Hutchinson		118	17	189	35:20.4	35:43.6	11:32/M
10	Brendan Koch		132	19	310	57:59.0	58:45.5	18:57/M

Female 20 to 24

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Taylor Wooten		1187	22	44	23:20.1	23:24.6	7:33/M
2	Caitlin Roach		679	23	118	29:01.4	29:03.5	9:22/M
3	Emily Laninga		139	22	252	45:04.2	45:27.3	14:40/M

Male 20 to 24

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Joey Black		16	23	7	19:26.7	19:28.2	6:17/M
2	Myles Clark		694	24	109	28:03.7	28:12.6	9:06/M

Female 25 to 29

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Hannah Nielsen		184	27	128	29:32.7	29:45.2	9:36/M
2	Shea Wheeler		670	26	200	36:40.2	37:07.2	11:58/M
3	Emily Brown		1170	29	213	38:25.8	38:33.4	12:26/M
4	Courtney Coburn		37	29	216	38:28.3	39:05.5	12:37/M
5	Mackenzie Portwood		478	26	243	43:48.7	44:27.6	14:21/M
6	Sarah Mustage		690	29	304	56:27.5	56:47.8	18:19/M
DQ	Alayna Altman		684	27	DQ	---	---	---

Male 25 to 29

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Billy Kobin		131	27	6	19:17.3	21:20.0	6:53/M
2	Maxwell Murray		181	29	11	20:20.9	20:22.0	6:34/M
3	Lee Tichenor		1159	29	16	20:30.2	20:31.6	6:37/M
4	Alex Creamer		40	25	43	23:16.0	23:20.4	7:32/M
5	Andrew Potts		479	26	111	28:20.9	28:54.4	9:20/M
6	Cullen Dunn		64	26	195	36:32.1	36:52.5	11:54/M

Female 30 to 34

								-----Total-----
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kaitlin Buchanan		646	32	66	25:23.0	25:30.9	8:14/M
2	Danielle Timmerberg	The Devil Wears Strava	1160	31	71	25:50.8	25:53.4	8:21/M
3	Austyn Gaffney	Power Shift 2009	79	32	80	26:26.6	26:37.4	8:35/M
4	Kiva Auten		740	33	81	26:26.7	26:37.5	8:35/M
5	Allecia Hull		117	30	145	31:19.1	32:03.1	10:20/M
6	Kelli Kight	Ben's Eager Runners	129	34	146	31:23.9	31:37.0	10:12/M
7	Kat Adams		638	30	158	32:53.2	33:33.1	10:49/M
8	Jamie-Lee Pennesi		477	32	174	33:57.8	34:23.5	11:06/M
9	Madison Pullman		483	32	186	34:55.2	34:57.5	11:17/M
10	Alyssa Ekdall		69	30	220	38:38.4	39:15.7	12:40/M
11	Namita Kantawala		127	30	253	45:12.6	45:50.2	14:47/M
12	Marcia Mayers		163	33	262	46:27.2	46:48.8	15:06/M
13	Ashley Lankford		658	33	267	47:00.4	47:19.0	15:16/M
14	Emily Beckman	Miniforce X	10	33	271	47:05.2	47:37.0	15:22/M
15	Ellen Davison		56	32	273	47:08.5	47:28.8	15:19/M
16	Morgan Roberts		499	31	290	50:53.1	51:40.2	16:40/M

Female 30 to 34

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
17	Amanda Williams		1182	32	291	50:56.2	51:46.2	16:42/M
18	Rebekah Scott		1134	34	303	56:27.4	56:47.6	18:19/M
19	Abriella Jantzen		676	33	321	1:03:27.8	1:03:46.0	20:34/M
20	Amanda Schneider		1130	34	323	1:04:10.5	1:05:01.8	20:59/M
21	Lindsay Lea		143	30	324	1:05:02.0	1:05:02.0	20:59/M

Male 30 to 34

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Trevor Timmerberg	The Devil Wears Strava	686	33	5	18:59.7	19:01.4	6:08/M
2	Noah Vasilakes		1167	33	12	20:21.3	20:24.1	6:35/M
3	Scott Radcliff		485	32	27	21:50.6	21:59.7	7:06/M
4	Austin Buchanan		645	33	28	21:55.6	22:02.6	7:07/M
5	Nicholas Asher	Power Shift 2009	733	34	36	22:45.0	22:55.3	7:24/M
6	Nicholas Hemming		110	31	46	23:26.6	23:36.0	7:37/M
7	Lucas Jones		657	31	50	24:01.2	24:43.1	7:58/M
8	Ryan Leonard		146	34	84	26:34.1	26:41.4	8:37/M
9	Seth Hannan		104	32	89	26:58.4	27:05.4	8:44/M
10	Zach Wasson		669	32	101	27:29.2	28:10.9	9:05/M
11	Jared Holbrook		114	34	105	27:54.1	28:24.1	9:10/M
12	Jace Ganshirt		80	33	149	31:41.2	31:52.4	10:17/M
13	Tom Zmudosky		634	34	172	33:46.5	33:57.3	10:57/M
14	Jacob Russell		1124	32	173	33:57.3	34:23.6	11:06/M
15	Rocklin Shumaker		667	30	199	36:40.1	37:06.8	11:58/M
16	Marcus Maraldo		158	34	232	40:35.7	43:05.1	13:54/M

Female 35 to 39

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Jessica Miller		175	38	63	25:11.1	25:15.1	8:09/M
2	Sheena Blanton		18	38	113	28:29.9	28:41.3	9:15/M
3	Jessica Agruso		702	37	123	29:17.7	29:32.6	9:32/M
4	Carrie Rice		707	38	154	32:18.7	32:34.9	10:31/M
5	Bethann Widener		1178	37	163	33:19.5	33:35.5	10:50/M
6	Kristen Calo		29	39	166	33:36.8	33:47.5	10:54/M
7	Wendy Broughton		23	35	196	36:35.9	37:19.4	12:02/M
8	Samantha Davis		54	35	198	36:38.8	37:23.7	12:04/M
9	Kirstin Schmidt		1128	37	208	37:30.8	38:01.8	12:16/M
10	Ellen Young		631	36	223	39:28.2	40:15.9	12:59/M
11	Andrea Bagshaw		640	39	224	39:42.4	39:54.1	12:52/M
12	Alice Johnson		120	38	245	44:02.3	44:27.8	14:21/M
13	Cortney Hartnett		106	35	250	44:41.7	45:25.8	14:39/M
14	Amanda Daffron		48	38	257	46:08.6	46:46.6	15:05/M
15	Norma Knabel		637	39	259	46:17.4	46:43.9	15:04/M
16	Melissa Nolan	Stroller Nolans	187	37	280	48:49.3	49:25.4	15:57/M
17	Roxy Scudder		682	35	306	56:30.3	57:28.1	18:32/M
18	Samantha Kilfoile		693	35	322	1:03:28.4	1:03:46.3	20:34/M

Male 35 to 39

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Eric Layman		142	39	8	19:56.9	19:57.6	6:26/M
2	George Eklund	Power Shift 2009	70	36	30	22:19.2	22:29.1	7:15/M
3	Thomas Johnson		126	38	42	23:14.6	23:31.3	7:35/M
4	Devin Rairdon	Shake It Like a Polar	486	37	47	23:36.2	23:39.5	7:38/M
5	Marvin Huber		655	36	48	23:41.8	23:51.7	7:42/M
6	William Roberts		500	35	56	24:21.7	24:26.9	7:53/M
7	Matt Oakley		191	39	79	26:18.6	26:31.8	8:34/M
8	Dan Sturdevant		683	37	92	27:06.7	27:19.2	8:49/M
9	Jacob Skees		1141	38	121	29:14.7	29:23.5	9:29/M
10	Jeffrey Elliott		72	39	143	30:55.2	31:00.4	10:00/M
11	Stephen Schmidt		703	39	153	31:59.2	32:26.6	10:28/M
12	Scott Davis		55	37	179	34:07.4	34:51.1	11:15/M
13	Justin Martir		711	35	215	38:27.4	38:34.3	12:27/M

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Male 35 to 39

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
14	Joshua Miller		661	36	234	40:44.0	41:19.8	13:20/M
15	Julio Hernandez		112	37	276	47:36.6	48:25.6	15:37/M

Female 40 to 44

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Allison Cuyjet		47	43	72	25:52.3	26:01.6	8:24/M
2	Marisa Crenshaw		41	43	74	25:58.4	26:09.8	8:26/M
3	Christina Simms		1140	40	98	27:18.0	27:30.8	8:53/M
4	Felicia Fletcher		77	42	124	29:21.5	30:03.4	9:42/M
5	Bethany Chester		32	40	137	30:23.6	30:54.7	9:58/M
6	Katherine Dupin		65	40	155	32:22.2	33:04.3	10:40/M
7	Lauren Maxey		162	44	191	35:39.3	36:24.8	11:45/M
8	Jennifer Love		152	40	201	36:44.7	37:19.9	12:03/M
9	Erica O'Connell		192	43	205	37:10.7	39:11.3	12:39/M
10	Crystal Christy		34	43	218	38:33.8	39:03.4	12:36/M
11	Jeanette Cummins		44	42	221	38:42.0	39:03.6	12:36/M
12	Melanie Thompson		1158	44	231	40:28.7	40:51.2	13:11/M
13	Kim Watts		1172	44	241	42:46.7	43:01.5	13:53/M
14	Amy Graybeal		649	44	258	46:16.7	46:43.7	15:04/M
15	Rebecca Koch		133	44	289	50:50.4	51:36.1	16:39/M
16	Angie Johnson		121	44	294	51:36.4	52:16.3	16:52/M
17	Christina Dempsey		58	43	315	59:44.9	1:00:35.0	19:33/M
18	Andrea Burdick	Running Away Together	26	42	317	1:01:15.7	1:01:58.6	20:00/M
19	Jayne Seif		698	44	319	1:02:02.3	1:02:32.8	20:11/M
20	Kate Hill		113	40	320	1:02:03.3	1:02:32.5	20:11/M

Male 40 to 44

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Mitchell Greenfield		93	40	18	20:36.1	20:38.1	6:39/M
2	Jeremy Paden		199	44	31	22:21.4	22:27.4	7:15/M
3	Andrew Williams	Ben's Eager Runners	1183	41	32	22:23.7	22:26.7	7:14/M
4	Kenny Bird		3	43	51	24:01.3	24:04.7	7:46/M
5	Thomas Tatum		1156	44	55	24:18.8	24:34.7	7:56/M
6	Rodney Brewer		692	43	69	25:35.1	25:38.8	8:16/M
7	Mike Rice		492	44	78	26:12.0	26:24.1	8:31/M
8	Steven Gravatte		89	40	108	28:01.0	28:06.7	9:04/M
9	Brian Hampton	The Get Along Gang	103	44	125	29:22.6	29:30.6	9:31/M
10	Jason Kratzwald		135	43	136	30:02.0	30:10.3	9:44/M
11	Neil Baine		743	44	144	30:58.6	31:13.9	10:05/M
12	Paul Nolan	Stroller Nolans	188	40	161	33:14.5	33:46.1	10:54/M
13	Morgan McDaniel		165	42	170	33:43.1	34:26.5	11:07/M
14	Chad Lego	Triple Threatless	144	44	177	34:05.9	34:38.2	11:10/M
15	Nicholas Cummins		46	43	247	44:15.6	44:35.2	14:23/M
16	Russell Hall		652	40	295	52:09.2	52:48.8	17:02/M
17	Justin Masters		161	42	312	58:56.0	59:16.3	19:07/M

Female 45 to 49

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Stephanie Barnes		1466	49	53	24:12.6	24:16.7	7:50/M
2	Sara Cunning		672	46	57	24:33.3	25:25.9	8:12/M
3	Jill Best		11	45	60	24:44.7	24:46.5	8:00/M
4	Valerie Pryor		481	47	102	27:48.0	27:59.2	9:02/M
5	Julie Wilbur		1180	49	152	31:56.5	32:08.2	10:22/M
6	Amee Ramsey	Triple Threatless	489	47	178	34:06.7	34:37.9	11:10/M
7	Krista Johnson		125	45	193	36:09.4	36:38.5	11:49/M
8	Kristy Gentry		82	45	202	36:46.0	37:06.0	11:58/M
9	Kristy Schmidt		1129	48	227	40:01.9	40:30.0	13:04/M
10	Laura Maraldo		157	46	233	40:36.2	43:06.6	13:54/M
11	Cristeen Grasch		87	49	249	44:28.7	45:08.0	14:34/M
12	Kristen Hale		101	45	263	46:32.1	47:22.2	15:17/M
13	Brandy Middleton		172	48	277	47:45.2	48:17.2	15:35/M

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Female 45 to 49

Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
14	Tamara Tindall		688	49	282	50:13.9	50:13.9	16:12/M

Male 45 to 49

Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	John O'Shea		196	49	17	20:30.8	20:33.3	6:38/M
2	Marc Hindorff		1305	48	19	20:45.4	20:47.8	6:43/M
3	Reed Fendley		76	47	33	22:27.5	22:30.3	7:16/M
4	Wayne Blunk	The Get Along Gang	19	45	54	24:12.9	24:17.9	7:50/M
5	Glenn Richardson		493	46	75	26:03.1	26:37.5	8:35/M
6	Ryan E Fletcher		66	46	126	29:23.8	30:03.0	9:42/M
7	Mark Daffron		49	45	129	29:35.9	31:40.4	10:13/M
8	Joe Smith, Jr	Triple Threatless	1147	48	176	34:05.7	34:38.0	11:10/M
9	Cyle Miller		174	49	197	36:37.1	37:22.1	12:03/M
10	Ronald Whitehead		1177	49	264	46:52.3	47:07.1	15:12/M
11	Vincent Koch		134	47	311	57:59.7	58:45.5	18:57/M
12	Chris Gillespie	Running Away Together	84	46	318	1:01:16.3	1:01:58.7	20:00/M

Female 50 to 54

Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Deborah Flout		713	54	85	26:38.1	26:44.0	8:37/M
2	Molly Miller		176	54	135	29:59.7	30:20.4	9:47/M
3	Pauline Moore		179	53	159	33:11.5	33:28.1	10:48/M
4	Dana Boblitt		20	53	184	34:46.7	35:00.5	11:18/M
5	Barbara Strahm Murray	Ben's Eager Runners	1152	52	185	34:48.0	35:12.6	11:22/M
6	Carmen Cripps		42	51	190	35:38.4	35:54.0	11:35/M
7	Carol Jones		656	51	206	37:17.7	38:05.8	12:17/M
8	Shannon Eichenberger		68	50	209	37:51.6	38:16.9	12:21/M
9	Angela Jackson		119	51	217	38:33.2	38:58.0	12:34/M
10	Donna Helm		109	54	225	39:42.8	40:05.1	12:56/M
11	Wendy Lott		150	51	226	39:53.6	40:27.0	13:03/M
12	Laura Schenck		1125	54	230	40:11.8	40:30.7	13:04/M
13	Eva Cadavid		27	54	240	42:33.7	43:08.4	13:55/M
14	Taunja Bates		67	50	260	46:17.6	46:43.7	15:04/M
15	Rajina Whitehead		1176	50	265	46:53.0	47:07.7	15:12/M
16	Autumn Laninga		138	51	266	46:54.6	48:10.9	15:33/M
17	Elizabeth Baker		1459	53	281	49:51.2	50:14.1	16:12/M
18	Angie Lane		1313	52	284	50:23.7	51:01.1	16:27/M
19	Karen Marie Lindley		147	50	287	50:45.0	50:56.2	16:26/M
20	Kelly Henry		111	53	297	53:16.7	53:57.8	17:24/M
21	Michelle Elisburg		449	52	298	54:14.0	54:33.4	17:36/M
22	Deede O'Farrell		194	53	305	56:30.1	56:59.6	18:23/M
23	Anita Bilyeu		2	53	308	57:50.4	58:34.6	18:54/M
24	Anna Loyd		153	53	309	57:50.8	58:35.5	18:54/M

Male 50 to 54

Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Eric Martin	Shake It Like a Polar	160	51	34	22:29.6	22:32.6	7:16/M
2	Brian Nichols		696	52	40	23:10.0	23:10.9	7:29/M
3	Mike Campbell	Ben's Eager Runners	30	50	45	23:26.4	23:30.0	7:35/M
4	Michael Brown		24	50	52	24:04.2	24:10.3	7:48/M
5	Jason Powell		1396	52	62	25:01.6	25:03.0	8:05/M
6	Chris Livers		149	50	65	25:19.9	25:29.0	8:13/M
7	Sean Travelstead		1162	54	67	25:30.5	25:38.8	8:16/M
8	Mark Smith		1146	54	68	25:31.4	26:05.3	8:25/M
9	Matthew Ruben		1121	52	70	25:42.6	25:48.4	8:19/M
10	Corey Queen		484	50	87	26:43.7	27:00.8	8:43/M
11	Arthur Cajigal		28	53	95	27:14.3	27:20.0	8:49/M
12	Michael Lindley		148	52	104	27:51.4	28:01.9	9:03/M
13	Ken Drozt		63	52	117	29:01.2	29:36.0	9:33/M
14	Gary Powell		1386	53	119	29:08.2	29:33.3	9:32/M
15	Michael Todd Bernard		671	52	131	29:47.1	30:01.2	9:41/M

Male 50 to 54

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
16	Tony Young		633	50	148	31:34.2	31:58.9	10:19/M	
17	Jeffrey Smith		1143	52	151	31:52.2	32:10.1	10:23/M	
18	John Dienno		60	52	162	33:18.0	33:52.1	10:56/M	
19	Chris Lane		704	50	171	33:46.2	34:15.8	11:03/M	
20	Colby Middleton		173	50	180	34:14.6	34:47.0	11:13/M	
21	Douglas Hammack		102	51	204	37:10.5	37:14.5	12:01/M	
22	Lonnie McIntosh		166	52	236	41:31.1	42:17.3	13:38/M	
23	James Millstead		177	54	237	41:58.9	42:25.1	13:41/M	
24	Doug Lane		1342	52	283	50:23.5	51:01.1	16:27/M	

Female 55 to 59

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	Stacie Grossfeld		674	59	99	27:19.6	27:25.6	8:51/M	
2	Suzanne Dodson		61	58	114	28:33.4	28:48.2	9:17/M	
3	Caroline Fortin		78	58	116	28:56.1	29:13.6	9:26/M	
4	Emily Nolan		186	56	130	29:36.7	29:52.7	9:38/M	
5	Laura Warren		1171	56	132	29:49.3	29:57.9	9:40/M	
6	Laura Grubb		651	56	188	35:14.4	35:33.6	11:28/M	
7	Priya Mukundan		180	56	194	36:21.3	36:44.7	11:51/M	
8	Sandra Payne		475	59	210	37:52.3	38:16.1	12:21/M	
9	Patricia Brutscher		25	58	219	38:36.5	39:23.1	12:42/M	
10	Melissa Chavez		635	55	272	47:07.1	47:14.9	15:15/M	
11	Lee Westfall		1175	55	292	51:28.6	51:48.8	16:43/M	
12	Cynthia Swartz		1155	59	293	51:28.7	51:47.5	16:42/M	
13	Angel Graves		90	55	299	55:35.0	56:12.0	18:08/M	
14	Patty Sears		1136	55	307	56:31.3	56:59.6	18:23/M	
15	Kristin Ball		644	56	327	1:06:26.2	1:07:16.1	21:42/M	
16	Amy McKinley		167	57	329	1:06:51.2	1:07:51.7	21:53/M	

Male 55 to 59

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	Tim Adams		639	58	24	21:32.8	21:37.2	6:58/M	
2	Mike Blackwell	The Get Along Gang	17	56	35	22:37.1	22:40.7	7:19/M	
3	Christopher Nielsen		183	55	38	23:05.6	23:10.4	7:29/M	
4	Norman Flout		712	58	61	24:58.0	25:03.4	8:05/M	
5	David Keely	Galloping Geezers	128	56	76	26:08.6	26:15.1	8:28/M	
6	David Treves		1163	56	77	26:11.0	26:19.4	8:30/M	
7	Luis R. Ramirez		488	58	86	26:42.4	26:52.1	8:40/M	
8	Ted Farrell		697	58	122	29:16.3	29:31.2	9:31/M	
9	Bruce Paverd		1371	58	134	29:59.6	30:17.4	9:46/M	
10	David Powell		665	57	140	30:50.4	31:01.3	10:00/M	
11	Dan Thompson		1157	56	156	32:25.7	32:48.3	10:35/M	
12	John Rakutt		487	58	212	38:13.0	38:36.6	12:27/M	
13	Phillip Bagshaw		641	57	239	42:08.7	42:20.9	13:40/M	
14	Todd Morgan		678	55	302	56:25.1	57:29.6	18:33/M	

Female 60 to 64

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	Therese Sirls		1439	63	93	27:10.5	27:16.2	8:48/M	
2	Maureen Farley		75	61	100	27:25.7	27:33.7	8:53/M	
3	Patti Wooldridge		1186	63	115	28:45.8	28:53.3	9:19/M	
4	Vickie Sliter		710	60	147	31:26.4	32:06.2	10:21/M	
5	Suzie Newberry		182	61	175	34:01.0	34:40.7	11:11/M	
6	Joni Wright		1188	64	229	40:10.4	40:29.0	13:04/M	
7	Angie Hatter		1291	60	238	42:05.7	42:50.6	13:49/M	
8	Kathleen Schmidt		1127	64	246	44:02.7	44:51.6	14:28/M	
9	Carol Crase		39	61	268	47:01.5	47:20.0	15:16/M	
10	Sandy Widener		1179	64	274	47:08.9	47:24.2	15:18/M	
11	Dana Traversi		714	62	279	48:27.6	50:13.4	16:12/M	
12	Jill Leonard		145	61	314	59:36.6	59:50.3	19:18/M	
13	Karen Spinks		1149	64	316	1:00:30.3	1:01:01.2	19:41/M	

Male 60 to 64

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Bryan Huhnerkoch		116	63	23	21:30.5	21:34.8	6:58/M
2	Larry Hoover		115	63	37	23:01.8	23:06.7	7:27/M
3	Keith Allen		706	63	39	23:07.6	23:22.8	7:33/M
4	Dennis Branson		22	62	58	24:34.6	24:38.2	7:57/M
5	Imad Makdah		156	61	96	27:17.6	27:24.3	8:50/M
6	Tim Seaman		1135	63	103	27:49.2	28:11.2	9:06/M
7	David Dawson		57	64	110	28:18.0	28:34.8	9:13/M
8	Gregg Delong		636	61	120	29:13.3	29:24.7	9:29/M
9	Joe Hedge		653	61	150	31:50.9	32:12.6	10:23/M
10	Danny Hatter		1304	63	187	35:00.9	35:45.9	11:32/M
11	Donald Westfall		1174	62	203	37:09.2	37:13.9	12:01/M
12	Richard Schultz		1133	63	286	50:41.1	51:50.5	16:43/M

Female 65 to 69

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Gayle Wiegel		685	66	160	33:13.5	33:22.6	10:46/M
2	Mary Jones		709	67	181	34:28.6	34:35.1	11:09/M
3	Amelia Dauer		50	65	183	34:38.6	35:05.8	11:19/M
4	Karen Winn		1185	67	214	38:27.2	38:50.7	12:32/M
5	Susan Schneider		1131	67	235	41:07.3	41:19.6	13:20/M
6	Susane Schneider		1132	66	244	44:00.1	44:12.2	14:16/M
7	Lorna Hahn		99	65	251	45:03.1	45:23.9	14:39/M
8	Anne Laun		140	69	261	46:25.8	46:51.4	15:07/M
9	Sharon Tuttle		1164	67	275	47:17.3	47:36.6	15:22/M
10	Linda Dufour		648	68	325	1:06:17.6	1:07:18.1	21:43/M
11	Bunny Nash		662	68	326	1:06:25.1	1:07:16.9	21:42/M

Male 65 to 69

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Randy Garrett		81	68	83	26:32.7	26:36.7	8:35/M
2	Mark Voss		1168	66	157	32:41.2	33:05.4	10:40/M
3	Tom Shepherd		666	66	192	35:43.9	36:07.7	11:39/M
4	Ron Carel		689	66	228	40:09.9	40:30.5	13:04/M
5	Fred Bishop		12	68	278	47:55.5	48:21.0	15:36/M

Female 70 to 74

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Marie Ruf		1122	70	256	46:02.4	46:20.0	14:57/M
2	Jean Puckett		482	73	285	50:36.2	51:51.5	16:44/M
3	Ledonna Mitchell		178	70	313	59:36.4	59:50.1	19:18/M

Male 70-74

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	John Reesor	Galloping Geezers	491	72	106	27:55.4	28:03.2	9:03/M
2	Ben King	Galloping Geezers	130	70	138	30:38.3	30:44.1	9:55/M
3	Samuel Strange		1153	73	164	33:26.8	33:49.0	10:55/M
4	Steve Sturdevant		1154	72	211	37:56.8	38:09.0	12:18/M
5	Gary Young		632	72	222	39:27.9	40:15.7	12:59/M
6	John Laun		141	72	242	42:54.6	43:19.6	13:59/M

Race Date
January 14, 2023

Frostbite 5k 2023
Age Group Results

5K

Female 75 to 79

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Sandy Usher		1165	75	288	50:49.0	51:22.1	16:34/M

Male 75 to 79

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Richard Goranflo	Gallopig Geezers	86	75	139	30:38.6	30:44.9	9:55/M
2	Michael Cuyjet		647	75	300	55:54.9	56:44.7	18:18/M